



Pachacamac Valley



Pachacamac singletracks

PACHACAMAC SACRED VALLEY

MOUNTAIN BIKE: All levels
TREKKING: Basic and Active levels
Altitude: between 100 to 700 m (300 to 2.100 ft)
Best Season ALL the year



The trails by the coastal Sacred Valley takes us to see (depending the level of participant) different archaeological sites that were part of the network of villages and temples that connected the pilgrims trail from the Andes to the Temple of Pachacamac, as Golondrina, Pampa Flores, Cardal, Tambo Inga and Pueblo Viejo. In the months of June to September, during the winter coastal season the lomas zone changes very deeply and from a desert place turns into a green land full of flowers, making this land a exciting place for hike or ride.

BIKING

Basic/Easy Level: The valley trail takes us to pre Inca sites as Pampa Flores, Cardal or Tambo Inga. The tracks are low impact by dirt roads and can be done by anyone who practice some physical activity and like outdoors.

Active Level (Intermediate): The trail goes further and more technical, passing during the tour by other eco systems including some foothills singletracks.

Sport Level (Experts): Technique and endurance increase using now the trails that climb to the mountains, mixing them with paths or singletracks (except between July and September, months when foothills can't be use because of humidity and mud).

TREKKING

Basic/Easy Level: The valley trail takes us to take a loop by Malpaso and Cardal villages by the old rural trail and the water main visiting the pre Inca site of Cardal. The trail is quite easy and can be done by anyone who practice some physical activity and like outdoors.

Active Level (Intermediate): The trail of the foothills is made at Lucumo Community protected area. There the people had supply services and paths with different levels of challenge. Climbs and downhills surrounded of fully nature are their best attractions.

Season ideal between June and October.

Suggested: Wear of trekking shoes.

SCHEDULES

Total duration 6hrs approx.

Departures: Summer 07h00 and 14h30 Winter 08h30

Service includes: Full transportation from hotel in Miraflores (other places ask), English guiding. Hardtail mountain bike w/helmet + gloves. Trekking poles.

Extras, Not included meals and visit to Pachacamac Temple (Ask).

BOOKINGS PROCEDURE: by email indicating name and height. Date, and place where will be picked up.

RESPONSABILITY Basic recommendations are provided during the activities, lessons are not provided, and passengers accept to be skilled on activity chosen and know the risks of active sports. Any kind of injury or including dead are only responsibility of passenger. The use of protective wear is mandatory. Bikes and any other rented equipment are subject to payments in case of damage during the use on tour.

RATE PER PERSON IN USD DOLLARS

1	2-3	4+
140	95	85

Only for cash payment.



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